

Sarah L. Swenson, Julianna Bulgarelli, Queala Clancy, Tashara Gavin-Moorehead,  
Adriene B. Hodge, and [SarahSwensonDance.com](http://SarahSwensonDance.com)  
DANCE AND MOVEMENT CLASSES, AGREEMENT,  
RELEASE FROM LIABILITY,  
WAIVER OF CLAIMS & ASSUMPTION OF RISK:  
ADULTS 18 years or older

I \_\_\_\_\_,  
on behalf of myself, my heirs, executors, agents, assigns, and representatives, hereby indemnify,  
release and forever hold harmless Sarah L. Swenson, [SarahSwensonDance.com](http://SarahSwensonDance.com) and the above  
named instructors, from any and all claims of liability arising from any personal injury, accident, death,  
or property loss or damage sustained by myself while I am participating in remote activities connected  
with Sarah L. Swenson, [SarahSwensonDance.com](http://SarahSwensonDance.com), and the above named instructors, including  
classes, rehearsals, performances, performance coaching or any other movement activity.  
\_\_\_\_\_. Initial

I understand that all dance and movement activities have inherent risks of injury, and, being fully  
aware of all risks, I participate of my own free will, and that I am not obliged to attempt or complete  
any part of the lesson being offered. \_\_\_\_\_. Initial

I attest that I have adequate health and accident insurance coverage for my protection while  
participating in the movement activities provided by Sarah L. Swenson, [SarahSwensonDance.com](http://SarahSwensonDance.com),  
and the above named instructors. \_\_\_\_\_. Initial

I agree not to videotape the classes I participate in offered by Sarah Swenson,  
[SarahSwensonDance.com](http://SarahSwensonDance.com), and the above named instructors. \_\_\_\_\_. Initial

I have carefully read this Agreement, Waiver, Release, & Assumption of Risk and fully understand its  
contents. I understand that this is an assumption of risk and release of liability, and I sign it of my own  
free will.

Signature:

Printed Name:

Date: